

welcome.

FALLBROOK HEALING CENTER



*MENTAL HEALTH
REHABILITATION CENTER*



Tonight's Discussion



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- ❖ Acute Psychiatric Hospital vs. a Mental Health Rehabilitation Center
 - ❖ Which Counties will Utilize Fallbrook Healing Center
 - ❖ Screening of Admissions
 - ❖ Supervision and Process for Discharge of Clients Back to their Community of Origin
 - ❖ Supervision of Outings
 - ❖ Testimonials from Other Communities

Acute Psychiatric Hospital (PHF)

vs.

a Mental Health Rehabilitation Center



PHF	MHRC
Admitted from the street	Admitted by a psychiatrist upon admission
No medical screening	Fully screened by acute hospital
No Psych screening	Fully screened by psych
No legal or historical analysis	Fully vetted – historical review of all legal action and court adjudicated
Not stabilized	Health is stabilized
Behaviors not manageable in the community	Behaviors are stabilized
Requires immediate medical attention	Fully evaluated and medically stable

Acute Psychiatric Hospital (PHF)

vs.

a Mental Health Rehabilitation Center



PHF	MHRC
Required daily visual assessment from Psych/MD	MD/Psychiatrist visits weekly
Intensive levels of services	Moderate level of programming
Brief length of stay	6 to 12 months
Clients exit to the street	Clients are discharged to their communities in their counties of origin
No follow up	90-day follow up with the clients
Unsupervised	Fully supervised and coordinated discharge

Which Counties will Utilize the Fallbrook Healing Center



- ❖ San Diego, Riverside, San Bernardino and Los Angeles counties.

Screening of Admissions



Clients will be carefully screened through the following process:

- ❖ People with mental health diagnosis start at a crisis stabilization center or Emergency Department and are fully screened at this site.
- ❖ If more stabilization is needed the client will transfer to an acute psychiatric hospital (providing a higher level of care), located elsewhere. They are usually screened by a clinical/legal representative and placed on a legal hold.
- ❖ At this site they are screened daily by a doctor and treatment team. They are usually continued on a legal hold.

Screening of Admissions



- ❖ If the client requires rehabilitation and treatment for an extended period of time (6 months to a year of rehabilitation) the client is screened by a clinical and legal team, including a doctor and a judge and their legal hold is extended.
- ❖ They are then referred to the MHRC level of care.
- ❖ The county conservator and case manager conduct a full screening at this time (reviewing legal, behavioral and clinical factors). The county conservator is responsible for placement determination.
- ❖ The County Behavioral Health Department screens for appropriateness of placement
- ❖ The hospital refereeing the client screens the client for appropriateness of care with responsibility and liability for placement

Screening of Admissions



- ❖ Crestwood does the final screening which requires a licensed Clinical Director, the Medical Director and Psychiatrist to screen the client before admission.
- ❖ Clients are accepted to the program if they meet all admission criteria.
 - No one with a violent felony conviction will be treated at this facility.
 - No one with primary drug or alcohol addiction will be treated at the facility.
 - Only clients' with a psychiatric diagnosis.
 - All clients must have rehabilitation potential.

Supervision and Process for Discharge of Clients Back to their Community of Origin



- ❖ Clients are graduated, discharged and transitioned back to their **community of origin** with support from the Fallbrook Healing Center staff, the county staff, their families and the resources in their community of origin.
- ❖ As with our other Healing Centers, clients at the Fallbrook campus will come from surrounding communities – in this case, from San Diego, Riverside, San Bernardino and Los Angeles counties. They are people who are dealing with a category of behavioral healthcare issues that affect nearly 20% of all families in California. They want to get better and return to productive lives. Facilities such as the Fallbrook Healing Center help them do that.

Supervision of Outings



Methodology of Community Outings within the Recreation Program:

- ❖ **Clients are encouraged to go on outings as a way to learn skills to integrate back to their own communities.**
- ❖ **Assessment of the clients' needs strengths, interests, life experiences, abilities and challenges are completed prior to any opportunity for a community outing.**
- ❖ **Community outings take into account the physical, social, cultural, recreational, health maintenance and rehabilitation needs of the client.**

Supervision of Outings



- ❖ **Community outings are supervised with the following stipulations:**
 - **No one is on an outing or family visits during the assessment phase of treatment – which is a minimum of 2 weeks.**
 - **People are allowed to go on outings with staff after they have completed the first phase of treatment.**
 - **Clients are supervised at all times.**
 - **Staff is always included in assessing clients for the ability to join in community outings.**
 - **Community outings and family visits are with a Doctor's approval and physician order.**

Supervision of Outings



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- ❖ **The scope of therapeutic outings shall include, but not limited to, the following:**
 - **Stimulating intellectual growth and development.**
 - **Developing social interaction and communication skills.**
 - **Encouraging creative expression of feelings, thoughts, and experiences.**
 - **Stimulating physical exercise and fitness.**
 - **Encouraging community interaction through participation in outside events with supervision.**

**Community Testimonials from
Crestwood's Most Recently Opened
Campus:
Kingsburg Healing Center**



Family Testimonials



Kingsburg Healing Center (KHC) is making a difference in the lives of families.

“I am so grateful my daughter is in your program. I know she is in wonderful hands and will get the help that she needs to get better.”

-Mother of a Client

“I am happy my brother was accepted to Crestwood Kingsburg. I know the programs you offer are amazing and your Staff really cares for my brother and his success within the program. I am proud of the progress my brother is already showing.”

-Brother of a Client

“I want you to know that I think the Kingsburg Healing Center is such a loving and warm place. It is a wonderful place for my daughter. She is doing so much better now that she is here.”

-Mother of a Client

Family Testimonials



KHC is making a difference in the lives of families.

“I wish this place had been here sooner, it would have been nice to have our son here sooner. Now that he is back in Fresno County we can see him anytime we want and we know it will help him get better.”

-Parents of a Client

“This program has been perfect for my son. He is really doing well, in fact I think this is the best he has ever done. We need more programs like this.”

-Father of a Client

Successful Community Outcomes

Kingsburg Police Department



“Crestwood has been a great partner and a pleasure to work with. The director, Brian Conway, has been a pleasure to work with and we have collaborated on some local training for my officers which we all found to be beneficial. The few calls for service we have had were easily resolved. In short, I believe that Crestwood is providing a valued service to Fresno County residents who would not otherwise receive inpatient mental health care services in Fresno County. This benefits the families and the patient, being local, and most likely these patients would be placed out of county, if they were fortunate enough to even get a bed space.”

Crestwood is a valued partner with the Kingsburg Police, the city government, and the greater community.”

-Chief Neil Dadian
Kingsburg Police Department

Successful Community Outcomes

Fire Department Log-February 2016 to May 2016



Non-Emergency Calls: 4

False Alarm Calls: 5

*“This program has not been an
issue for us at all.”*

**-Tim Ray
Fire Chief
Kingsburg Fire Dept.**

Kingsburg Healing Center

“I use to live across the street when it was the Kingsburg Hospital. I am excited that the hospital has been remodeled to look amazing, and is being used for a wonderful program. Kingsburg should be grateful you are here in our community.”

-Mrs. Green, Kingsburg Citizen



KHC is Active in the Community



KHC is a Sponsor of:

- The Kingsburg Youth Baseball Association
- The Kingsburg All-Star Tournament
- NAMI Walks Fresno

“On behalf of the Kingsburg Youth Baseball Association, we would like to thank Crestwood Kingsburg for their donation to our league. Your generosity helps support our program through the baseball season. Our baseball program just doesn’t teach the fundamentals of baseball, we also want to teach youth boys respect for others and that good sportsmanship is the key to any sport and life in general.”

-Jason Garcia, Vice President of Baseball Operations

Community Comments from Kingsburg Healing Center's Open House



More than 200 people attended KHC's Open House on January 27, 2016.

“Thank you so much for letting us tour the facility. Crestwood has done an amazing job transforming the old Hospital. My husband and I are excited to leave here and tell all our friends what the facility looks like and what we learned from the tour.”

-Kingsburg Citizen- Mrs. Johnson

“Your staff was so nice and gave us a lot of great information about the facility during our tour. Thank you for giving the community a chance to see for ourselves all the hard work that has gone into the building and understanding what your company stands for.

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Kingsburg Citizen- Mr. Lopez*

Thank you!

